

Here is a selection of products on mental health produced by CADTH. These and other CADTH products are open access and available at cadth.ca. For more information, please contact requests@cadth.ca. The inclusion of reports on particular drugs or other health technologies in this list does not indicate that CADTH endorses these technologies.

- Artificial Intelligence in Mental Health Services: Results From a Literature Review and an Environmental Scan (*Summary*, Aug. 2021)
- Addressing Psychological Trauma Due to the COVID-19 Pandemic: Can Technology Help in a Time of Acute Crisis? (*Webinar*, June 2020)

Depressive Disorders

- A Sample of Internet-Delivered Cognitive Behavioural Therapy Programs Available in Canada for Major Depression and Anxiety Disorders (*Tool*, Apr. 2020)
- Internet-Delivered, Cognitive Behavioural Therapy for Major Depressive Disorder and Anxiety Disorders (*Optimal Use Project*, Mar. 2019)
- Major Depressive Disorder (*Focused Critical Appraisal*, Feb. 2020)
- Bupropion for Major Depressive Disorder or Persistent Depressive Disorder (Dysthymia) (*Rapid Review*, Apr. 2021)

Substance Use Disorder

- Injectable Opioid Agonist Treatment for Patients With Opioid Dependence: A Review of Clinical and Cost-Effectiveness (*Rapid Review*, May 2020)
- Gabapentin, Phenobarbital, Diazepam, and Lorazepam for the Treatment of Alcohol Withdrawal: Clinical Effectiveness and Guidelines (*Summary of Abstracts*, June 2020)
- Telehealth and Mobile Services for Substance Use Disorder: Clinical Effectiveness, Cost-Effectiveness and Guidelines (*Summary of Abstracts*, Jan. 2020)

Various Mental Health Disorders

- Psychedelic-Assisted Psychotherapy for Post-Traumatic Stress Disorder, Anxiety Disorders, Mood Disorders, or Substance Use Disorders (*Rapid Review*, June 2021)
- Stellate Ganglion Block for the Treatment of Post-Traumatic Stress Disorder, Depression, and Anxiety (*Rapid Review*, Mar. 2021)
- Accelerated Resolution Therapy for PTSD, Anxiety Disorders, or Mood Disorders: A 2021 Update (*Summary of Abstracts*, Mar. 2021)
- Peer Support Interventions for Mental Health Conditions and Addictive Disorders: Clinical Effectiveness, Cost-Effectiveness, and Guidelines (*Summary of Abstracts*, Jan. 2020)

Other

- Internet-Based Cognitive Behavioural Therapy for Post-Traumatic Stress Disorder (*Optimal Use Project*, Jan. 2020)
- Interventions for Insomnia Disorder (*Health Technology Review*, Dec. 2018)
- Patient Navigation Programs for People With Dementia (*Rapid Review*, Feb. 2021)
- Gender Affirming Therapy for Gender Dysphoria: A Rapid Qualitative Review (*Rapid Review*, June 2020)
- Lurasidone Hydrochloride for Bipolar Disorder: A Review of Clinical Effectiveness, Cost-Effectiveness, and Guidelines (*Rapid Review*, Feb. 2020)
- Acute Medical Management Interventions for Children and Youth with Eating Disorders (*Summary of Abstracts*, Aug. 2021)

CADTH is an independent, not-for-profit organization responsible for providing Canada's health care decision-makers with objective evidence to help make informed decisions about the optimal use of drugs and medical devices in our health care system.

CADTH receives funding from Canada's federal, provincial, and territorial governments, with the exception of Quebec.

October 2021